

# INTERNATIONAL SHOOTING SPORT FEDERATION OFFICIAL STATUTES, RULES AND REGULATIONS

## RULE 6: GENERAL TECHNICAL RULES

### 6.2 SAFETY

#### SAFETY IS OF PARAMOUNT IMPORTANCE



#### 6.2.1 General Safety Rules

6.2.1.1 ISSF Rules establish specific safety requirements that must be applied in all ISSF Championships. ISSF Juries and Organizing Committees are responsible for safety.

6.2.1.6 In the interest of safety, a Jury Member, Referee or Range Officer may stop shooting at any time. Athletes and team officials must immediately notify Range Officers, Jury Members or Referees of any situation that may be dangerous.

6.2.1.7 An Equipment Control Officer, Range Officer or Jury Member may pick up an athlete's equipment (including a Pistol) for control without his permission, but in his presence and with his knowledge. However, immediate action must be taken when a matter of safety is involved.

“Eye and ear protection is compulsory on the 25m and 50m ranges **(this excludes 10m Air Pistol range only)**”

#### 6.2.2 Pistol Handling Rules

6.2.2.1 To ensure safety, all Pistols must be handled with maximum care at all times. Pistols must not be removed from the firing line during training or competition except with the permission of a Range Officer.

6.2.2.2 Safety flags constructed of fluorescent orange or a similar bright material must be inserted in the pistol at all times except when safety flag removal is authorized by these rules. To demonstrate that air Pistols are unloaded, safety flags (safety lines) must be long enough to extend through the full length of the barrel.

a) Safety flags must be inserted in Pistols that are not in Pistol cases or boxes before athletes are called to the line, when leaving a firing point, after firing is completed and when personnel must go forward of the firing line. In Finals, safety flags may not be removed until Preparation and Sighting Times start.

b) If a safety flag is not used as required by this rule, a Jury Member must give a WARNING with instructions to insert a safety flag in the Pistol; and

c) If the Jury confirms that an athlete refuses to use a safety flag, as required by this rule and after being warned, the athlete must be disqualified (DSQ).

6.2.2.3 While athletes are on their firing points, their Pistols must always be pointed in safe directions. The action or breech must not be closed until the Pistol is pointing downrange in a safe direction toward the target area.

6.2.2.4 When placing a Pistol down to leave the firing point or when firing is complete, Pistols must be unloaded with actions (bolt or locking mechanism) open and safety flags inserted. Before leaving a firing point, or the shooting range, the athlete must confirm and the Range Officer or Referee must verify that there is no cartridge or pellet in the Pistol's chamber, barrel or magazine and a safety flag is inserted.

6.2.2.5 If the athlete boxes or cases his Pistol or removes it from the firing point without having it checked by a Range Officer, he may be disqualified if the Jury determines that a significant safety violation is involved.



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- 6.2.2.6 During firing, the Pistol may be put down (not held) only after the cartridge(s) and/ or magazine are removed and the action is open. Air Pistols must be made safe by opening the cocking lever or loading port.
- 6.2.2.7 When any personnel are forward of the firing line, or the shooting stations, handling Pistols is not permitted, safety flags must be inserted. If it is necessary for a Jury member, Range Officer or Technical Officer to go forward of the firing line during training, competition or a Final, this must be authorized and controlled by the Chief Range Officer (CRO) and any movement forward of the firing line may only be permitted after all Pistols have safety flags inserted.
- 6.2.2.8 In the range, when pistols are not on the firing points, they must always be in their cases, unless otherwise authorized by a Range Officer.

### 6.2.3 Range Commands

- 6.2.3.1 Chief Range Officers, Referees, or other appropriate range officials, are responsible for giving the commands “LOAD,” “START,” “STOP,” “UNLOAD” and other necessary commands. Range Officers or Referees must ensure that the commands are obeyed and that Pistols are handled safely.
- 6.2.3.2 Pistols and their magazines may only be loaded on the firing point, and after the command “LOAD”, “START” or “READY” is given. At all other times, Pistols and magazines must be kept unloaded.
- 6.2.3.3 Only one cartridge may be loaded in a 50m Pistol event if it has a magazine. **If a 5-shot Air Pistol is used in a 10m Air Pistol event only one pellet may be loaded.**
- 6.2.3.4 A Pistol is considered loaded when a cartridge, pellet, a magazine with cartridges contacts a Pistol. No one may place a cartridge or pellet or magazine with cartridges in or on a Pistol or its chamber or barrel until the command “LOAD” is given.
- 6.2.3.5 If an athlete fires a shot before the command “LOAD” or “START” is given, or after the command “STOP”, or “UNLOAD” is given, he may be disqualified if safety is involved.
- 6.2.3.6 When the command or signal “STOP” is given, shooting must stop immediately. When the command “UNLOAD” is given, all athletes must unload their Pistols and magazines, and make them safe (to unload air Pistols ask the Range Officer for permission). Shooting may only resume when the command “START”, or “READY” is given again.

### 6.2.4 Additional Safety Requirements

- 6.2.4.1 Dry Firing is the release of the cocked trigger mechanism of an unloaded cartridge Pistol or the release of the trigger mechanism of an air or gas Pistol fitted with a device which enables the trigger to be operated without releasing the propelling charge (air or gas). Dry firing and aiming exercises are permitted only on the firing line or in a designated area and direction in accordance with these rules.

If an athlete is found to be dry firing in a non designated area, or wrong direction, he may be disqualified for safety reasons with the majority decision of the Jury.

Jury members must always make sure that athletes are not test firing in any non-designated dry firing areas.

- 6.2.4.2 It is the athlete’s responsibility to ensure that any air or CO2 cylinder is still within its validity date. This may be checked by Equipment Control. The valid period is 10 years. The date it was manufactured will be or should be on the cylinder.

### 6.2.5 Hearing Protection

- 6.2.5.1 All athletes, range officials and other persons in the immediate vicinity of the 25m & 50m **(this excludes 10m Air Pistol range only)** firing lines must wear ear plugs, ear muffs, or similar ear protection. Hearing protection incorporating any type of sound-enhancing or receiving devices may not be worn by athletes or coaches on the

Field of Play (FOP). Competition officials may wear sound-enhancing hearing protection devices or other communication devices on the Field of Play (FOP). Hearing impaired athletes may wear sound-enhancing devices with the approval of the Jury.

## 6.7 COMPETITION CLOTHING AND EQUIPMENT

### 6.7.4 STANDARDS FOR CLOTHING AND EQUIPMENT

6.7.4.1 Rules governing specific equipment used by athletes in a particular discipline are found in the Rules for that discipline.

6.7.4.2 The use of any special devices, means or clothing, including the use of Kinesio (strapping tape/athletic tape), medical or similar taping, which immobilizes or unduly reduces the movement of the athlete's legs, body or arms, is prohibited for Pistol and athletes in order to ensure that athletes' performance skills are not artificially improved.

6.7.4.3 Radios, iPods, or any similar type of sound producing or communication systems are prohibited on the Field of Play (FOP) during competition and training, except when they are used by competition officials.

6.7.4.4 Mobile phones or other hand-held communication devices (i. e. tablets, etc.), electronic devices or wrist-worn devices (i. e. smart watches) may not be used by athletes on the firing line.

### 6.7.5 ISSF DRESS CODE

6.7.6.1 It is the responsibility of athletes, coaches and officials to appear on the ranges dressed in a manner appropriate for a public sports event. Clothing worn by athletes and officials must comply with the ISSF Dress Code. See 6.20 for the full ISSF Dress Code.. **(No camouflage clothing)**

### 6.7.6 Equipment Control

6.7.6.1 The Organizing Committee must establish an Equipment Control Section to perform equipment control checks under the supervision of the Equipment Control Jury. An Equipment Control checking service must be available to all athletes so that they may have their equipment checked prior to the competitions. To ensure compliance with ISSF Rules, the Equipment Control Jury and Equipment Control Section must conduct random post-competition testing (6.7.9).

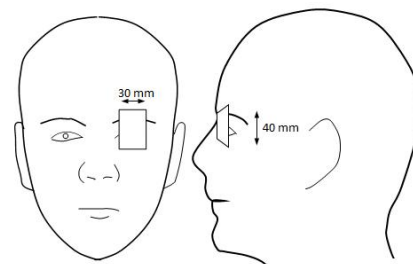
**“Procedure when a pistol fails the equipment control test before a match due to having an improperly shaped grip, a trigger that pulls under the allowed weight, or other non-compliant parts. Instead of an outright disqualification equipment control official/s, the athlete is granted a maximum of three attempts to lift the test weight. If the trigger fails, the firearm can only be resubmitted for testing after an adjustment is made. Once you pass the test, the minimum weight must be maintained throughout the competition.”**

**“Re-inspection: Once the pistol is modified/trigger adjusted, the equipment control official/s must test the pistol again, and only if the pistol complies with the ISSF General Technical Rules the athlete will be permitted to compete. The athlete will be (DQ) Disqualified if the pistol does not comply with the ISSF General Technical Rules after the re-inspection and will not be allowed to participate.”**

### 6.7.8 BLINDERS

6.7.8.1 Side Blinders are prohibited.

6.7.8.2 One Front Blinder to cover the non-aiming eye that is not more than 30 mm wide and 40mm in length is permitted. (See drawing)





## 6.11 COMPETITION PROCEDURES (SEE ALSO 6.17, FINALS COMPETITION PROCEDURES)

### 6.11.2 Specific Rules for 10m Air Pistol Events

6.11.2.1 If an athlete releases the propelling charge prior to the Preparation and Sighting Time he must be given a WARNING (Yellow Card) for the first violation and a DEDUCTION (Green Card) of two (2) points from the lowest value shot of the first MATCH series for the second and subsequent violations.

6.11.2.2 Any release of the propelling charge, after MATCH firing starts, without a hit on the target will be scored as a miss. Dry firing without release of the propelling charge is permitted except during Finals.

6.11.2.3 If an athlete wishes to change, or to fill, a gas or air cylinder, he must leave the firing point to do so, after obtaining permission from the Range Officer. No extra time is allowed to change or fill a gas or air cylinder during a competition.

6.11.2.4 The Pistol may only be loaded with one (1) pellet. When a Pistol is accidentally loaded with more than one (1) pellet:

- a) If the athlete is aware of the situation, he must raise his non-shooting hand to indicate to a Range Officer that he has a problem. A Range Officer must then supervise the unloading of the Pistol and no penalty will be incurred. No extra time will be allowed for this; or
- b) If the athlete is unaware of the situation and fires two pellets at the same time, he must report this to a Range Officer. If there are two (2) hits on the target, the score of the higher value shot will be counted and the second shot will be annulled. If there is only one (1) hit on the target, this will be counted.

### 6.11.4 LATE ARRIVAL BY ATHLETE

If an athlete arrives late for a competition, he may participate but will not be given any extra time. If an athlete arrives after the Preparation and Sighting time, no additional sighting time will be given. ***“This means that the athlete can be allowed to shoot the match without sighting shots.”***

When it can be proven that an athlete's late arrival was due to circumstances beyond his control, the Jury must grant extra time, including time for Preparation and Sighting if this does not delay the start of the Final or disrupt the overall shooting program. In this case the Jury will determine when and on which firing point the late athlete may start.

***(SAPF ISSF Range Officers has full authority for the above mentioned)***

### 6.11.5 IRREGULAR SHOTS -- TOO MANY SHOTS IN AN EVENT OR POSITION

If an athlete in a 10m and 50m event fires more shots in the event or position than are provided for in the program, the extra shot(s) must be annulled on the last competition target(s). If the shot(s) cannot be identified, the highest value shot(s) must be annulled on the last competition target. The athlete must also be penalized by a deduction of two (2) points for each excessive shot fired, deducted from the lowest value shot(s) in the first series.

### 6.11.6 Crossfires

6.11.6.1 Crossfires of competition shots must be scored as misses.

6.11.6.2 If an athlete crossfire a sighting shot on the sighting target of another athlete no penalty is incurred.

6.11.6.3 If an athlete crossfire a sighting shot on the MATCH target of another athlete, he must be penalized by the deduction of two (2) points from his own score deducted from the first series.

Compiled by: Mornay de Beer (Vise-President ISSF)



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- 6.11.6.4 If an athlete receives a confirmed crossfire shot and it is impossible to determine which shot is his/her, he/she must be credited with the value of the highest undetermined shot.
- 6.11.6.5 If there are more hits on an athlete's MATCH target than are provided for in the program, and if it is impossible to confirm that other athlete(s) fired the shot(s), the hit(s) of the highest value must be nullified.
- 6.11.6.6 If an athlete wishes to disclaim a shot on his/her target, he/she must report this immediately to a Range Officer.
- 6.11.6.7 If the Range Officer confirms that the athlete did not fire the disputed shot(s), he/she must make the necessary entry on a Range Incident Report and on the Range Register and the shot must be annulled.
- 6.11.6.8 If the Range Officer cannot confirm beyond all reasonable doubt that the athlete did not fire the disputed shot(s), the shot(s) must be credited to the athlete and must be so recorded.
- 6.11.6.9 The following must be considered as reasons to justify the annulment of a shot:
- If a Range Officer confirms by his observation of the athlete and the target that the athlete did not fire the shot;
  - If a missing shot is reported by another athlete or a Range Officer at approximately the same time, and from within the neighboring two or three firing points;

#### 6.11.7 Disturbances

If an athlete claims that he was disturbed while firing a shot, he must keep his Pistol pointed downrange and immediately inform the Range Officer or Jury Member. He must not disturb other athletes. If the claim is considered justified, the shot(s) must be annulled and the athlete may repeat the shot(s) or series. If the claim is not considered justified, the shot(s) must be credited to the athlete and he may continue shooting; no penalty will be applied.

*(SAPF ISSF Range Officers has full authority for the above mentioned)*

#### 6.11.8 SPECIAL COMPETITION REGULATIONS

- During the Preparation and Sighting Times for all competitions, announcements and/or visual displays may be used to inform spectators about the event. During Preparation and Sighting and Match Firing Times for Elimination and Qualification competitions, music may be played. Music must be played during matches.
- It is not permitted to put any substance on the floor of the firing point to gain an unfair advantage or to wipe the firing point without permission;
- It is not permitted to place non-removable tape or draw lines with a permanent marker on the floor;
- No one may change or modify any range structure or equipment;
- Smoking and vaping is prohibited in all areas used by athletes and officials as well as in the spectator areas of the ranges;
- The use of mobile phones, walkie-talkie, pagers or similar communication or electronic devices by athletes, coaches and team officials while on the field of play is prohibited. All mobile phones etc. must be switched off or placed on silent mode; ***"Athletes cell phones must be in the athlete area or firing line"***.
- Flash photography is prohibited until after competitions are completed; and
- Notices must be displayed to inform spectators that mobile phones must be placed on silent mode, that smoking is not permitted and that flash photography is prohibited until competitions are completed.



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## 6.12 RULES OF CONDUCT FOR ATHLETES, OFFICIALS AND SPECTATORS

6.12.1 No type of demonstration or political, religious or racial propaganda is permitted during ISSF Championships.

### 6.12.4 THE ATHLETE IS RESPONSIBLE FOR:

- a) Reporting to his firing point, ready to shoot, at the correct time, with equipment that complies with these rules;
- b) Taking his firing position on his designated firing point so that he does not disturb adjacent athletes; and
- c) Conducting himself so that he does not disturb or adversely affect the performances of other athletes. If, in the opinion of the Jury, an athlete's behavior or actions disturbs other athletes, the athlete may be given a warning, penalty or disqualification, depending upon the circumstances.

### 6.12.5 COACHING DURING ANY EVENT

6.12.5.1 In all events, non-verbal coaching is allowed. While on the firing line, an athlete may speak only with Jury Members or range officials. If an athlete wishes to speak with his Coach or Team Official during an Elimination or Qualification, the athlete must unload his Pistol and leave it in a safe condition on the firing line with the action open and a safety flag inserted. An athlete may leave the firing line only after notifying a Range Officer and without disturbing other athletes.

6.12.5.3 If a coach or team official wishes to speak with a team member on the firing line, the team official must not contact the athlete directly or talk with the athlete while he is on the firing line. The team official must obtain permission from a Range Officer or Jury Member, who will call the athlete off of the firing line.  
**(Coaches, spectators related to an athlete and/or team official are not allowed in the Field of play/athlete's area at any time).**

6.12.5.4 **If a coach, spectators related to an athlete and/or team official or athlete** violates the rules concerning coaching, a warning must be issued the first time. In repeated cases, two (2) points must be deducted from the athlete's score and the **coach, spectator related to an athlete and/or team official or athlete** must leave the vicinity of the firing line. *(SAPF ISSF Range Officers has full authority for the above mentioned)*

### 6.12.6 PENALTIES FOR RULE VIOLATIONS

6.12.6.1 Deciding Open and Concealed Violations the Jury must decide violations according to these standards:

- a) In the case of an open violation of the Rules, a Warning (Yellow Card) must first be given so the athlete may have an opportunity to correct the fault. Whenever possible, the warning should be given during training or the Preparation and Sighting Time. If the athlete does not correct the fault as instructed by the Jury, two (2) points must be deducted from his score. If the athlete still does not correct the fault after receiving a Deduction (Green Card), Disqualification (Red Card) (DSQ) must be imposed; or b) In the case of a concealed violation of the Rules, when the fault is deliberately concealed, Disqualification (Red Card) (DSQ) must be imposed; or c) If, when asked to explain an incident, an athlete consciously and knowingly gives false information, two (2) points must be deducted or in serious cases, disqualification may be imposed.

*(SAPF ISSF Match Director/Appointed Jury/Chief Range Officer/Range Officers has full authority for the above mentioned)*

### 6.12.6.2 IN CASES OF A VIOLATION OF ISSF RULES OR THE INSTRUCTIONS OF RANGE OFFICERS OR JURY, THE FOLLOWING PENALTIES MAY BE IMPOSED ON THE ATHLETE BY A JURY MEMBER OR THE JURY.

- a) Warning (Yellow Card). A warning must be expressed in terms that will leave no doubt that it is a Warning and the yellow card must be shown. However, it is not necessary to precede other penalties with a warning. This must be recorded on a Range Incident Report and noted on the Range Register. A warning may be given by an individual Jury Member;



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- b) Deduction (Green Card). Deduction of points from the score, expressed by a minimum of two (2) Jury Members, showing a Green Card with the word “Deduction.” This must be recorded on a Range Incident Report Form, marked on the printer strip, and noted on the Range Register. A deduction may be given by an individual Jury Member; and
- c) Disqualification (Red Card) (DSQ). An athlete must be disqualified (DSQ) for failure to pass a post-competition check (6.7.9.1). Disqualification for any other reason may only be given by the decision of a majority of the Jury. The disqualification of an athlete is expressed by the Jury by showing a Red Card with the word “Disqualification.” If an athlete is disqualified during any phase of an event (Elimination, Qualification or Final), the results for that athlete for all phases of that event must be deleted and the athlete must be listed at the end of the results list with an explanation regarding why the athlete was disqualified.
- d) Unsportsmanlike Behavior (DQB) Disqualification with Bond/Re-check. If an athlete is disqualified for an anti-doping violation, for a serious safety violation or for the physical abuse of a competition official or another athlete (Rule 6.12.6.4) as decided by a majority of the Jury, all results for that athlete for all events in the Championship must be deleted and the explanation(s) must indicate DQB.
- e) Penalties should be expressed both with a verbal explanation and with the display of yellow, green or red cards. The size of penalty cards should be approximately 70 mm x 100 mm.
- f) A team, of which a member has been disqualified, must not be ranked and must be shown in the result list with the remark “DSQ.”
- g) When there is a penalty or disqualification, a Jury Member must provide or approve remarks for the Results Lists to explain the penalty or disqualification.

***(SAPF ISSF Match Director/Appointed Jury/Chief Range Officer/Range Officers has full authority for the above mentioned)***

### **6.12.6.3 SERIOUS SAFETY VIOLATIONS**

- a) If the Jury determines that an athlete has handled a Pistol or violated a safety rule in a dangerous manner, the athlete must be disqualified (DSQ) (see 6.2.2). ***(SAPF ISSF Range Officers has full authority for the above mentioned)***

### **6.12.6.4 PHYSICAL ABUSE OF A COMPETITION OFFICIAL OR ATHLETE**

An athlete or team official who makes physical contact with a Jury Member, Referee, Range Officer, other competition official or another athlete by grasping, pushing, shoving, striking or similar means may be excluded from further participation in a Championship. Any such act of physical abuse must be reported to the Chairman of the Jury responsible for supervising that area of activity. One or more witnesses or physical evidence must confirm the act of alleged abuse. The Jury must then decide whether the athlete or team official may be excluded from that Championship. A decision to exclude may be appealed to the Jury of Appeal (6.16.6). If the Jury or Jury of Appeal concludes that the act of abuse was of such a serious nature that further sanctions are warranted, they may, in addition to excluding the athlete or team official from the current championship also refer the case to the ISSF Ethics Committee (3.12.3.5, Annex “CE”) for further consideration.

***(SAPF ISSF Match Director/Appointed Jury/Chief Range Officer/Range Officers has full authority for the above mentioned)***

# INTERNATIONAL SHOOTING SPORT FEDERATION OFFICIAL STATUTES, RULES AND REGULATIONS

## RULE 8: PISTOL RULES

### 8.4.1.1 Grips.

For dimensions and details of grips see the PISTOL SPECIFICATION

TABLE (8.12) and the PISTOL CONFIGURATION DRAWINGS (8.13).

- a) Neither the grip nor any part of the pistol may be extended or constructed in any way that would allow it to touch beyond the hand. The wrist must remain visibly free when the pistol is held in the normal firing position. Bracelets, wristwatches, wristbands, or similar items are prohibited on the hand and arm that holds the pistol; and
- b) Adjustable grips are permitted providing that when they are adjusted for the athlete's hand they conform to these Rules. Grip adjustments are subject to random Equipment Control checks to ensure that they conform with these Rules.

## 8.5 ATHLETES SHOES

8.5.1 Only low-sided shoes that do not cover the ankle bone (below the medial and lateral malleolus) are permitted. The sole must be flexible in the entire forward part of the foot;

8.5.2 Athletes may use removable inner soles or inserts in their shoes, but any inserts must also be flexible in the forward part of the foot;

8.5.3 An ISSF approved testing device will be used to check sole flexibility;

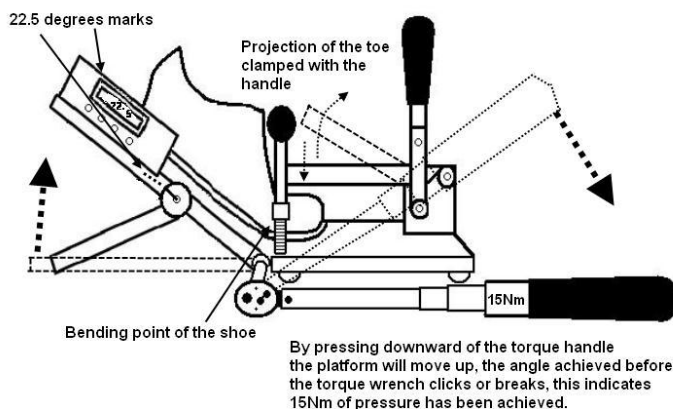
8.5.4 To demonstrate that shoe soles are flexible, athletes must walk normally (heel-toe) at all times while on the field of play. A warning will be given for the first offense, a two-point penalty or disqualification will be given for subsequent violations;

8.5.5 Shoe Sole Flexibility Measurement Device. The device used to measure shoe sole flexibility must be capable of accurately measuring how many degrees the shoe sole bends while bent with a precise amount of upward pressure; and

8.5.6 Shoe Sole Flexibility Standard. The soles of athletes' shoes must bend at least 22.5 degrees when a force of 15 Newton-Meters is applied to the heel area while the shoe is clamped in the testing device;

**“Sandles and shoes not covering the or similar are not allowed not be worn during any match”**

### Shoe Sole Flexibility Measurement Device



## 8.6 SHOOTING ACCESSORIES

### 8.6.1 Spotting Telescopes

The use of telescopes not attached to the pistol to locate shots or judge the wind is permitted in 25m and 50m events only.

### 8.6.2 Pistol Transport Boxes

Athletes may use pistol transport boxes to take pistols and equipment to the shooting ranges. During Elimination and Finals matches, pistol transport boxes or equipment bags must not remain on the FOP.

### 8.6.3 Pistol Support Stands

Athletes may place pistol support stands or boxes on the bench or table to rest their pistols between shots. The total height of the bench or table with a support stand or box on it may not exceed 1.00m (see Rule 6.4.11.10, maximum bench height is 1.00m). During Elimination or Qualification competitions, a pistol transport box (Rule 8.6.2) may be used as a pistol support stand, provided the total height of the bench or table plus the box does not exceed 1.00m. During Finals, a pistol transport box may not be used as a pistol support stand.

## 8.7 SHOOTING EVENT PROCEDURES AND COMPETITION RULES

### 8.7.1 Firing Position

The athlete must stand free, without any artificial or other support, with both feet and/or shoes completely within the firing point. The pistol must be held and fired with one (1) hand only. The wrist must be visibly free of support.

### 8.7.2 Ready Position

In the 25m Rapid-fire Pistol event, 25m Pistol and 25m Centre Fire Pistol Rapid-fire Stages and 25m Standard Pistol 20sec. and 10sec. series, shooting must start from the READY position (see drawing). In the READY position, the athlete's arm must point downward at an angle of not greater than 45 degrees from the vertical. The arm with the pistol must not be pointed at the ground within the forward edge of the firing point. After the series begins, the pistol may not rest on the bench or shooting table. The arm must remain in this position while waiting either for the **appearance of the target** or, when EST are used, for the green light(s) to come on.



<b>STANDARDS FOR ALL PISTOLS</b>		
Oscillation Systems	Movement or Oscillation Reduction Systems. Any device, mechanism or system that actively reduces, slows or minimizes pistol oscillations or movements before the shot is released is prohibited.	Rule 8.4.1.6
Grips	Neither the grip nor any part of the pistol may be extended or constructed in any way that would allow it to touch beyond the hand. The wrist must remain visibly free when the pistol is held in the normal firing position. Bracelets, wristwatches, wristbands, or similar items are prohibited on the hand and arm that holds the pistol. Adjustable grips are permitted, providing that when adjusted for the athlete's hand they conform to the rules for the event. After the Equipment Control check, the grip adjustment must not be changed in any way that conflicts with ISSF Rules.	Rules 8.4.1.1 a), 8.4.1.1 b) 8.12 8.13
Sights	Only open sights are allowed. Sights using fiber optic, light enhancing or reflecting color surfaces are prohibited. Optical, mirror, telescope, laser-beam, electronically projected dot sights etc., are prohibited. Any aiming device programmed to activate the firing mechanism is prohibited. No protective covering is permitted on front or rear open sights.	Rules 8.4.1.3 8.12 8.13
Triggers	Electronic Triggers are allowed. All components are firmly attached to and contained within the frame or grip of the pistol; Clarification: The battery and wires are not visible externally;	8.4.1.4
Trigger Pull Test	A weight with a metal or rubber knife-edge must be used. A roller on the trigger weight is not permitted. A dead weight must be used with no springs or other devices. The weight of the trigger pull must be measured, with the test weight suspended near the middle of the trigger and the barrel held vertically. The weight must be placed on a horizontal surface and lifted clear of the surface. The tests must be conducted by Equipment Control officials. The minimum weight of the trigger pull must be maintained throughout the competition. A maximum of three (3) attempts to lift the weight is allowed. If it does not pass it may only be resubmitted after adjustment. When testing air or gas actuated pistols, the propellant charge must be activated. The trigger pull test should be conducted on the chief range officers table or at the side of the range.	Rules 8.4.2 8.4.2.1
<b>AIR PISTOLS</b>		
Pistol Configuration	Any caliber 4.5 mm (.177") compressed air or gas pistol may be used.	Rule 8.4.3.5
Pistol Dimensions	Place the pistol in the box (420 mm x 200 mm x 50 mm) and close the cover.	Rule 8.12
Trigger Pull Test	Check the trigger pull with the 500 g weight. NOTE: When testing the trigger pull with a compressed air or CO2 pistol, the propellant charge must be activated.	Rules 8.12 8.4.2
Pistol Weight	Weigh the pistol on the scale. The weight must not exceed 1500 g.	Rule 8.12
Grips-Additional Restrictions	No part of the grip, frame or accessories may touch any part of the wrist. The heel rest must extend at an angle of not less than 90 degrees to the grip. This applies to the heel rest in front and behind the grip as well as on the sides. Any upward curvature of the heel and/or thumb rest and/or a downward curvature of the side opposite the thumb is prohibited. The thumb rest must allow free upward movement of the thumb. The grip must not encircle the hand. Curved surfaces on the grips or frame, including the heel and/or thumb rest, in the longitudinal direction of the pistol are permitted. In addition, the rear part of the frame or grip which rests on top of the hand between the thumb and the forefinger must not be longer than 30 mm. This distance is measured at a right angle to the extended center line of the bore.	Rules 8.12 and drawings 8.13

<b>25M RIMFIRE PISTOL</b>		
Pistol Configuration	Only caliber 5.6 mm (.22") rimfire pistols, except single shot pistols, chambered for Long Rifle cartridges that conform to the specifications in ISSF Rule 8.12 and 8.13 may be used.	Rules 8.4.3.2 8.12 & 8.13
Trigger pull Test	Check the trigger pull with the 1000 g weight.	Rule 8.12
Ammunition Velocity Test	FOR 25M RAPID FIRE PISTOL MEN ONLY. One athlete from each relay must be selected for testing the velocity of his pistol ammunition to determine if its velocity exceeds 250 m/sec. Velocity tests must be conducted with a chronograph according to Annex B, Procedures for Conducting ISSF Rule 8.4.4 Pistol Ammunition Velocity Tests.	Rules 8.4.4 8.4.4.2
Case catchers	Are allowed providing the pistol complies with all the Rules (dimensions and weight) when fitted. This must be marked on the Equipment Control Card.	Rule 8.4.1.5
<b>25M CENTER FIRE PISTOL</b>		
Pistol Configuration	Any center fire pistol or revolver, except a single shot pistol, chambered for cartridges in caliber 7.62 mm to 9.65 mm (.300" - .380") that conforms to the specifications in ISSF Rule 8.12 and 8.13 may be used.	Rules 8.4.3.3 8.12 8.13
Trigger pull Test	Check the trigger pull with the 1000 g weight.	Rule 8.12
Case catchers	Are allowed providing the pistol complies with all the Rules (dimensions and weight) when fitted. This must be marked on the Equipment Control Card.	Rule 8.4.1.5
<b>50M PISTOL</b>		
Pistol Configuration	Any caliber 5.6 mm (.22") rimfire pistol, chambered for long rifle cartridges, may be used. Hand covers for 50m pistol are permitted, providing they do not cover the wrist	Rules 8.4.3.4 8.4.4
Pistol Dimensions	No restriction	Rule 8.12
Trigger Pull	No restriction	
Pistol Weight	No restriction	
Grips	Special grips are permitted.	
Barrel Length	No restriction	
Sight Radius	No restriction	

### 8.12 PISTOL SPECIFICATION TABLE

Pistol Type	1) Pistol Weight 2) Trigger Pull	Measuring Box (mm)	Barrel Length Sight Radius	Grips	Other specifications
10m Air Pistol	1) 1500g max. 2) 500g min.	420 x 200 x 50	Box Size Only	See below	May only be loaded with one (1) pellet. Ported barrels and perforated barrel attachments are allowed.
50m Pistol	No Restriction No Restriction	No Restriction	No Restriction No Restriction	Special grips are permitted	May only be loaded with one (1) cartridge. Hand covers will be permitted, providing they do not cover the wrist.
25m Rimfire Pistol	1) 1400g max. 2) 1000g min.	300 x 150 x 50	max. 153mm max. 220mm	See below	Compensators, muzzle brakes, perforated barrels or any device(s) functioning in a similar manner are not allowed.
25m Centre Fire Pistol	1) 1400g max. 2) 1000g min.				
a) 10m Air Pistol Grips: No part of the grip, frame or accessories may touch any part of the wrist. The heel rest must extend at an angle of not less than 90 degrees to the grip. This applies to the heel rest in front and behind the grip as well as on the sides. Any upward curvature of the heel and/or thumb rest and/or a downward curvature of the side opposite the thumb is prohibited. The thumb rest must allow free upward movement of the thumb. The grip must not encircle the hand. Curved surfaces on the grips or frame, including the heel and/or thumb rest, in the longitudinal direction of the pistol are permitted.					
b) 25m Pistol Grips: Note a) applies. In addition, the rear part of the frame or grip which rests on top of the hand between the thumb and the forefinger, must not be longer than 30mm from the point where the grip first touches the top of the hand forward to the deepest part of the grip. The back (rear) part of the grip must be cut so that it angles upward from that point by not less than 45 degrees.					
c) The weight of the pistol is measured with all accessories, including balancing weights and unloaded magazine.					
d) Measuring Box: The pistol is measured with all accessories in place (if an Air Pistol is used with a magazine it may be measured with the magazine removed). A manufacturing tolerance of the rectangular Measuring Box of 0.0mm to + 1.0mm in each dimension is permitted.					

Compiled by: Mornay de Beer (Vise-President ISSF)

### 8.13 PISTOL GRIP CONFIGURATION DRAWING (10M AND 25M PISTOLS)

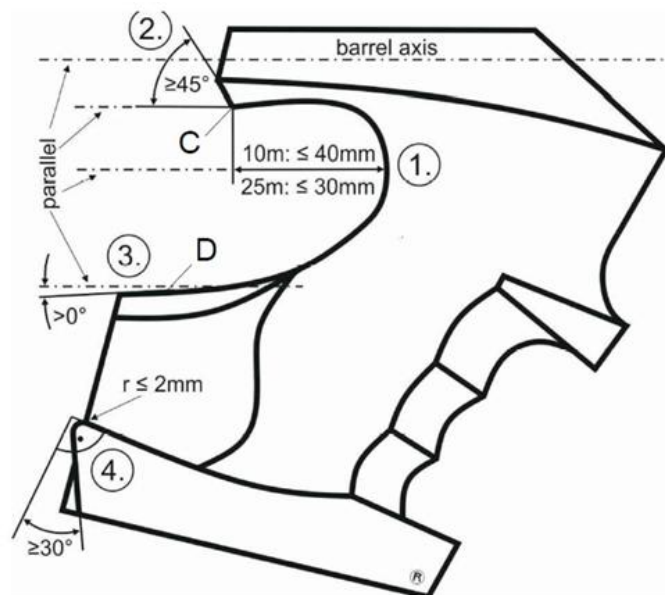
#### INTERNATIONAL SHOOTING SPORT FEDERATION

The Rule Explanation is marked with number on Picture

- 1.- The rear part of the frame or grip (Horn) which rests on top of the hand between the thumb and the forefinger, must not be longer than 40mm (for 10m pistol) or 30mm (for 25m Pistol) from the point where the grip first touches the top of the hand forward to the deepest part of the grip (C).
- 2.- The back (rear) part of the grip (horn) must be cut so that it angles upward from that point by not less than 45 degrees to center line of barrel.
- 3.- The curvature “D” must be in downward direction to the center line of the barrel from the deepest part of the grip and the grip must not encircle the hand. Curvature must not raise or be parallel with the center line of the barrel at any point from the deepest part of the grip backwards. Curvature must be DOWNWARD DIRECTION!
- 4.- On the side of the wrist, the end of heel rest (palm rest) must be cut by an angle of 30 degrees or more perpendicular to the end of the heel rest. The end of heel rest can be rounded with a radius max 2mm. or smaller to prevent injuries.

Edition 2026

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## COURSE OF FIRE/RANGE COMMANDS/INTERRUPTIONS/MALFUNCTIONS

### ➤ 50M FREE PISTOL (.22)

60 competition shots fired in a time of 90 minutes.

**SIGHTING SHOTS** (1 x target for sighting shots)

Unlimited sighting shots, during the preparation and sighting time – in a time of 15 minutes.

#### MATCH STAGE

3 x match targets on which 20 shots per target are fired in 30 minutes  
(After 30 minutes announce stop and give command unload)

***“This course of fire can be shot for Club Shoots & practice”***

4 x match targets on which 15 shots are fired in 22.5 minutes  
(After 22.5 minutes announce stop unload and give command)

***“This course of fire is shot at Provincial and National Championships”***

6 x match targets on which 10 shots are fired in 15 minutes.  
(After 15 minutes announce stop and give command unload)

***“This course of fire is shot at International ISSF Competitions”***



#### RANGE COMMANDS:

Range closed “ATHLETES TO THE LINE”

“PREPARATION AND SIGHTING TIME – START” In the 15 minutes preparation time the athlete may unpack his pistol & equipment and fire unlimited sighting shots. **Athletes are not allowed to touch their ammunition until the command start is given.**

After 14 ½ minutes and announce “30 SECONDS” remaining

After 30 seconds announce “END OF PREPARATION AND SIGHTING TIME – STOP”

Check all firearms to ensure that the chamber flag has been inserted and declare range safe.

Athletes can then change targets.

Once all targets have been changed and athletes are behind the firing point announce range is closed:  
“MATCH FIRING – START”

After each series range is declared safe, athletes can change targets. Once they have returned behind the firing point, declare range closed and continue the match.

Continue as above until all series have been fired.

At end of series check for malfunctions and then announce “UNLOAD”.

When placing a pistol down to leave the firing point or when match firing is complete, pistols must be unloaded with actions (slide, bolt or locking mechanism) open and safety/chamber flags inserted in the chamber and not the muzzle.

Athletes must move away from the firing point without disturbing the other athletes.

Range Officers check pistols for chamber flags before they are removed from line and cased.

**NO PISTOL MAY BE REMOVED FROM THE FIRING POINT DURING THE COURSE OF FIRE WITHOUT THE PERMISSION OF A RANGE OFFICER WHO MUST VERIFY THAT THE MATCH IS CONCLUDED**

## INTERRUPTIONS

More than 3 minutes – may demand extra time equal to the amount lost, plus one minute if during the last few minutes of the competition. More than 5 minutes OR if athlete is moved – may have extra time equal to the amount lost plus 5 minutes. May have additional unlimited Sighting shots within the time allowed.

## MALFUNCTIONS

The athlete may repair the malfunction and continue shooting.

If the malfunction is ALLOWABLE, he may repair it or replace it with another pistol of the same type. No extra time is allowed to repair or to replace a pistol.

## GAUGING DOUBTFUL SHOT HOLE DOUBLE SHOT HOLES

In the case where an athlete is uncertain of the shot value of a hole or double shot hole, the athlete must take the target to the Range Officer. The Range Officer must then circle the doubtful shot hole or double shot holes indicating with a line from the circle to the lighter area on the target. The Range Officer must then “gauge shot value”/”gauge double shot” and sign on the target. The athlete must then take the targets to the stats office where it will be gauged for final scoring. No gauge on the range will be permitted.

### ➤ 10m AIR PISTOL (.177/4.5)

## COURSE OF FIRE

### Sighting Stage

Unlimited shots, during the preparation and sighting time – in a time of 15 minutes.

2 x sighting stage targets marked either with a **S** or two diagonal stripes \\\ on the top right of the targets

**“Dry firing is allowed without letting out air”**

### Match Stage

60 competition shots fired in a time of 90 minutes

Bronze and Silver Class - 12 x match targets on which 5 shots must be shot on each target

Gold and Master Class - 20 x match targets on which 3 shots must be shot on each target

**“Dry firing is not allowed during the competition stage”**

## RANGE COMMANDS:

Range closed “ATHLETES TO THE LINE”

“PREPARATION AND SIGHTING TIME – START” In the 15 minutes preparation time the athlete may unpack his pistol & equipment and fire unlimited sighting shots. **Athletes are not allowed to touch their pellets until the command load is given.**

After 14 ½ minutes and announce “30 SECONDS” remaining

After 30 seconds announce “END OF PREPARATION AND SIGHTING TIME – STOP”





## QUICK GUIDE FOR SAPF ISSF PISTOL ATHLETES/RANGE OFFICERS/COACHES (ISSF) INTERNATIONAL SHOOTING SPORT FEDERATION OFFICIAL STATUTES, RULES AND REGULATION,



### “MATCH FIRING – START”

Athletes have 90 minutes to fire 60 shots. (Shots per target may vary for 1, 2 or 3) Athletes must insert chamber flags when leaving the firing point during the match firing time. **“Dry firing is not allowed during the match firing”.**

When placing a pistol down to leave the firing point or when match firing is complete, pistols must be unloaded with actions (bolt or locking mechanism) open and safety/chamber flags inserted in the chamber and exit the muzzle.

Athletes must move away from the firing point without disturbing the other athletes.

Range Officers check pistols for chamber flags before they are removed from line and cased.

**NO PISTOL MAY BE REMOVED FROM THE FIRING LINE DURING THE COURSE OF FIRE WITHOUT THE PERMISSION OF A RANGE OFFICER WHO MUST VERIFY THAT THE MATCH IS CONCLUDED**

### INTERRUPTIONS

More than 3 minutes – may demand extra time equal to the amount lost, plus one minute if during the last few minutes of the competition.

More than 5 minutes OR if athlete is moved – may have extra time equal to the amount lost plus 5 minutes. May have additional unlimited sighting shots within the time allowed.

### REFILL/REPLACE A CYLINDER

Athlete must request permission from the Range Office leave the firing line in order to refill or replace an empty cylinder.

***“Athlete must take his pistol with safety/chamber flag in and muzzle upwards, to the filling area to refill or replace a cylinder.”***

### MALFUNCTIONS

The athlete may repair the malfunction and continue shooting. If the malfunction is ALLOWABLE, he may repair it or replace it with another pistol of the same type. No extra time is allowed to repair or to replace a pistol.

### GAUGING DOUBTFUL SHOT HOLE DOUBLE SHOT HOLES

In the case where an athlete is uncertain of the shot value of a hole or double shot hole, the athlete must take the target to the Range Officer. The Range Officer must then circle the doubtful shot hole or double shot holes indicating with a line from the circle to the lighter area on the target. The Range Officer must then “gauge shot value”/“gauge double shot” and sign on the target. The athlete must then take the targets to the stats office where it will be gauged for final scoring. No gauge on the range will be permitted.

➤ **25m RAPID FIRE PISTOL (.22)**

**COURSE OF FIRE**

60 competition shots fired in 2 stages of 30 shots.



**SIGHTING STAGE** (5 x targets for sighting and matches stages.)

Sighting stage consists of 5 shots in 8 seconds in the 1<sup>st</sup> Stage and 2<sup>nd</sup> Stage

**MATCH STAGE**

**Stage 1**

2 stage of 5 shots in 8 seconds  
 2 stage of 5 shots in 6 seconds  
 2 stage of 5 shots in 4 seconds  
 (Only 1 shot fired at each target in each series)  
 (Each athlete will be given 5 new targets per match)

Change over with  
 3 minutes preparation time

**Stage 2**

2 stage of 5 shots in 8 seconds  
 2 stage of 5 shots in 6 seconds  
 2 stage of 5 shots in 4 seconds

**RANGE COMMANDS:**

**Declare** range closed “ATHLETES TO THE LINE”.

Announce “**PREPARATION TIME BEGINS NOW**” (Preparation time is 3 minutes).

After 3 minutes announce “**8 SECONDS - SIGHTING STAGE - LOAD**”. (Athletes have 1 minute to load 5 rounds only in one magazine) **Athletes are not allowed to touch their ammunition until the command load is given.**

After 1 minute announce “**ATTENTION**” and activate the targets. Athletes to come to the 45° ready position at attention and pistol must not touch the bench.

At end of stage check for malfunctions and then announce “**UNLOAD**”.

Declare the range safe and allow scoring personnel forward. Once they have returned and signaled they are in a protected area declare range closed and continue the match.

“Announce 8 (or 6 or 4) **SECONDS - LOAD**”

Wait one minute and announce “**ATTENTION**” activate the targets. Athletes to come to the 45° ready position at attention and pistol must not touch the bench.

Continue as above until all series have been fired.

At end of series check for malfunctions and then announce “**UNLOAD**”.

When placing a pistol down to leave the firing point or when match firing is complete, pistols must be unloaded with actions (slide) open and safety/chamber flags inserted in the chamber and not the muzzle.

Athletes must move away from the firing point without disturbing the other athletes.

Range Officers check pistols for chamber flags before they are removed from line and cased.

**NO PISTOL MAY BE REMOVED FROM THE FIRING POINT DURING THE COURSE OF FIRE WITHOUT THE PERMISSION OF A RANGE OFFICER WHO MUST VERIFY THAT THE MATCH IS CONCLUDED**

## MALFUNCTIONS

Only one (1) allowed (either Allowable or Non-allowable) No malfunction may be claimed or re-shot in a sighting stage.

Athlete claims a malfunction. RO must decide if ALLOWABLE - repeat the stage and score lowest value hits on each target. Athlete must fire all 5 shots in the re-shoot.

NON-ALLOWABLE – **no** re-shoot is permitted.

## GAUGING DOUBTFUL SHOT HOLE DOUBLE SHOT HOLES

The Range Officer will gauge the doubtful shot hole or double shot holes on the range with the prescribed single hole or double hole gauge.

## ➤ SPORT PISTOL/LADIES 25M PISTOL (.22)/25M CENTER FIRE PISTOL (.32/.38/9mm caliber) & 25M AIR SPORT PISTOL (.177/4.5)

### COURSE OF FIRE

#### • FIRST HALF - DELIBERATE (PRECISION) STAGE

30 competition shots in 3 series of 10 shots.

#### SIGHTING STAGE (1 x sighting stage target)

1 series of 5 shots in 5 minutes.

Declare range closed and announce “PREPARATION TIME BEGINS NOW” (Preparation time is 5 minutes).

After 5 minutes announce “SIGHTING STAGE - LOAD” (Athlete have 1 minute to load 5 rounds only in one magazine) “Athletes are not allowed to touch their ammunition until the command load is given. “

After 1 minute announce attention and activate the targets. (Athlete is allowed to rest pistol on bench)

At end of stage check for malfunctions and then announce “UNLOAD”. (Chamber flags to be inserted)

Declare the range safe and allow athletes to put on match targets. Once they have returned behind the firing point, declare range closed and continue the match.

### MATCH STAGE

3 x match stage targets

6 stage of 5 shots in 5 minutes per stage (10 x shots per target)

Declare range closed and announce “1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup>/4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> SERIES LOAD” (Athlete have 1 minute to load 5 rounds)

After 1 minute announce attention and activate the targets. (Athlete is allowed to rest pistol on bench)

At end of stage check for malfunctions and then announce “UNLOAD”. (Chamber flags to be inserted)

Declare the range safe and allow athletes to change target. Once they have returned behind the firing point, declare range closed and continue the match.

Continue as above until all series have been fired.

Compiled by: Mornay de Beer (Vise-President ISSF)



When placing a pistol down to leave the firing point or when match firing is complete, pistols must be unloaded with actions (slide) open and safety/chamber flags inserted in the chamber and not the muzzle.

Athletes must move away from the firing point without disturbing the other athletes.

Range Officers check pistols for chamber flags before they are removed from line and cased.

**NO PISTOL MAY BE REMOVED FROM THE FIRING POINT DURING THE COURSE OF FIRE WITHOUT THE PERMISSION OF A RANGE OFFICER WHO MUST VERIFY THAT THE MATCH IS CONCLUDED**

### **MALFUNCTIONS .22/.32/.38/9mm caliber**

Only one (1) allowed (either allowable or non- allowable). No malfunction may be claimed or re-shot in a sighting stage. Athlete claims a malfunction. RO must decide if ALLOWABLE athlete can complete the stage in the next regular stage – allow one minute per shot remaining.

NON-ALLOWABLE – no re-shoot is permitted.

### **MALFUNCTIONS .177 (Air Pistol) Not applicable**

### **GAUGING DOUBTFUL SHOT HOLE DOUBLE SHOT HOLES**

In the case where an athlete is uncertain of the shot value of a hole or double shot hole, the athlete must take the target to the Range Officer. The Range Officer must then circle the doubtful shot hole or double shot holes indicating with a line from the circle to the lighter area on the target. The Range Officer must then “gauge shot value”/”gauge double shot” and sign on the target. The athlete must then take the targets to the stats office where it will be gauged for final scoring. No gauge on the range will be permitted.

### **• SECOND HALF - DUELING (RAPID FIRE) STAGE**

30 competition shots in 3 series of 10 shots.

### **SIGHTING STAGE (1 stage of 5 shots)**

1 x target for sighting and match stages. Sighting shots must be patches after the sighting stage



Declare range closed and announce “PREPARATION TIME BEGINS NOW” (Preparation time is 3 minutes).

After 3 minutes announce “SIGHTING STAGE - LOAD” (Athlete have 1 minute to load 5 rounds only in one magazine)  
**“Athletes are not allowed to touch their ammunition until the command load is given”**

After 1 minute announce attention and activate the targets. (Athletes to come to the 45° ready position at attention and pistol must not touch the bench)

At end of series check for malfunctions and then announce “UNLOAD”. (Chamber flags to be inserted)

Declare the range safe and allow scoring personnel forward. Once they have returned and signaled they are in a protected area declare range closed and continue the match.

### **MATCH STAGE**

Same target as for the sighting stage will be used. Shot holes to be patched after every 10 shot stage except after the 3<sup>rd</sup> match stage.

6 series of 5 shots – during each series the targets will be edge on for 7 seconds and then face for 3 seconds.  
(10 x shots per stage)

Declare range closed and announce “1st/2nd/3rd/4th/5th/6th SERIES LOAD” (Athlete have 1 minute to load 5 rounds)

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Athlete fires only 1 shot in 3 seconds per facing. During the 7 seconds the target is turned away the pistol must be held at a 45° degree and not touch the bench. *“This rule is excluded from 25m Air Sport Pistol. Athletes are allowed to place pistol on bench to reload. Pistol must then be returned to the 45° off the bench before targets appear within the 7 seconds. If the pistol is not in the 45° degree off the bench the shot will be considered as a miss and the highest score will be deducted from the series”.*

At end of series check for malfunctions and then announce “UNLOAD”.

Declare the range safe and allow scoring personnel forward. Once they have returned and signaled they are in a protected area declare range closed and continue the match.

Continue as above until all series have been fired.

When placing a pistol down to leave the firing point or when match firing is complete, pistols must be unloaded with actions (slide) open and safety/chamber flags inserted in the chamber and not the muzzle.

Athletes must move away from the firing point without disturbing the other athletes.

Range Officers check pistols for chamber flags before they are removed from line and cased.

**NO PISTOL MAY BE REMOVED FROM THE FIRING POINT DURING THE COURSE OF FIRE WITHOUT THE PERMISSION OF A RANGE OFFICER WHO MUST VERIFY THAT THE MATCH IS CONCLUDED**

### **MALFUNCTIONS .22/.32/.38/9mm caliber**

Only one (1) allowed (either allowable or non-allowable) No malfunction may be claimed or re-shot in a sighting stage.

Athlete claims a malfunction. RO must decide if ALLOWABLE – complete the stage and score target as normal.

Athlete must fire at the first exposure(s) of the target.

NON-ALLOWABLE – no re-shoot is permitted. **During the 25m Air Sport Pistol a failure to load the pellet in time does not count as a malfunction.**

### **MALFUNCTIONS .177/4.5 (Air Pistol)**

Only one (1) allowed (either allowable or non-allowable). The malfunction refers to an athlete dropping a pellet when loading or struggled to load the pellet.

NON-ALLOWABLE – no re-shoot is permitted.

### **GAUGING DOUBTFUL SHOT HOLE DOUBLE SHOT HOLES**

The Range Officer will gauge the doubtful shot hole or double shot holes on the range with the prescribed single hole or double hole gauge.

## 25M STANDARD PISTOL (.22)

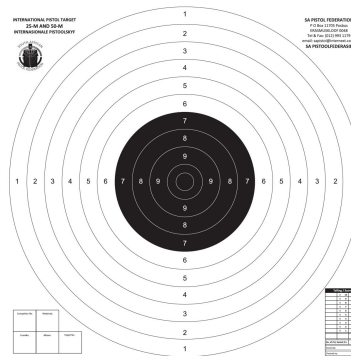
### COURSE OF FIRE

60 competition shots fired in 3 stages of 20 shots.

### SIGHTING STAGE

1 x sighting stage target

1 series of 5 shots in 150 seconds.



Declare range closed and announce “PREPARATION TIME BEGINS NOW” (Preparation time is 5 minutes).

After 5 minutes announce “SIGHTING SERIES - LOAD” (Athlete have 1 minute to load 5 rounds only in one magazine)  
**Athletes are not allowed to touch their ammunition until the command load is given.**

After 1 minute announce attention and activate the targets. (Athlete is allowed to rest pistol on bench)

At end of series check for malfunctions and then announce “UNLOAD”. (Chamber flags to be inserted)

Declare the range safe and allow athletes to put on match targets. Once they have returned behind the firing point, declare range closed and continue the match.

### MATCH STAGE

2 x match targets for the 150 second series on which 10 shots must be shot per target

1 x match target for the 20 seconds series on which 20 shots must be shot

1 x match target for the 10 seconds series on which 20 shots must be shot

There are 4 series of 5 shots in 150 seconds/4 series of 5 shots in 20 seconds/4 series of 5 shots in 10 seconds.  
(10 x shots per target or 2 x 10 shots on 150 seconds targets and 20 shots per target on 20- & 10-seconds targets).

The Range Officer will declare the range closed and announce “150seconds/20seconds/10seconds SERIES LOAD” (Athlete have 1 minute to load 5 rounds only in one magazine). **Athletes are not allowed to touch their ammunition until the command load is given.**

After 1 minute announce attention and activate the targets. (Athlete is only allowed to rest pistol on bench 150 seconds stage. With 20 & 10 seconds the pistol must be held at a 45° angle and not touching the bench).

The Range Officer will at the end of the series check for malfunctions and then announce “UNLOAD”. (Chamber flags to be inserted)

The Range Officer will declare the range safe and allow athletes to change target. Once they have returned behind the firing point, the Range Officer will declare the range closed and continue the match. Continue as above until all series have been fired.

When placing a pistol down to leave the firing point or when match firing is complete, pistols must be unloaded with actions (slide) open and safety/chamber flags inserted in the chamber and not the muzzle.

Athletes must move away from the firing point without disturbing the other athletes.

Range Officers check pistols for chamber flags before they are removed from line and cased.

**NO PISTOL MAY BE REMOVED FROM THE FIRING POINT DURING THE COURSE OF FIRE WITHOUT THE PERMISSION OF A RANGE OFFICER WHO MUST VERIFY THAT THE MATCH IS CONCLUDED**

## MALFUNCTIONS

One allowed in the 150 seconds series, and one allowed in combined 20 seconds & 10 seconds series.

No malfunction may be claimed or re-shot in a sighting series.

Athlete claims a malfunction, RO decides if ALLOWABLE – repeat the series and 5 lowest value hits on the target. Athlete must fire all 5 shots in any re-shoot series. Lowest scoring points to count.

NON-ALLOWABLE – no re-shoot is permitted.

## GAUGING DOUBTFUL SHOT HOLE DOUBLE SHOT HOLES

In the case where an athlete is uncertain of the shot value of a hole or double shot hole, the athlete must take the target to the Range Officer. The Range Officer must then circle the doubtful shot hole or double shot holes indicating with a line from the circle to the lighter area on the target. The Range Officer must then “gauge shot value”/”gauge double shot” and sign on the target. The athlete must then take the targets to the stats office where it will be gauged for final scoring. No gauge on the range will be permitted.

### ➤ 50 YARDS (45.72m) (.22) and 25 YARDS (22.86M) (.177)

## COURSE OF FIRE/RANGE COMMANDS/MALFUNCTIONS

30 competition shots fired in 3 stages of 10 shots or 2 stages of 15 shots.

### SIGHTING STAGE

1 x sighting stage target on which 10 shots must be shot in a time of 10 minutes.

### RANGE COMMANDS:

Range closed “ATHLETES TO THE LINE”

After 10 minutes announce “SIGHTING SERIES - LOAD” (Athlete have 1 minute to load) **Athletes are not allowed to touch their ammunition/pellets until the command load is given.**

After 1 minute announce “SIGHTING SERIES - START. (Athlete is allowed to rest pistol on bench)

At end of series check for malfunctions and then announce “UNLOAD”. (Chamber flags to be inserted)

Declare the range safe and allow athletes to put on match targets. Once athletes have returned behind the firing point, declare range closed and continue the match.

### MATCH STAGE

3 x match stage target on which 10 shots must be shot in a time of 10 minutes per target.

On 3 targets 10 shots are fired in 10 minutes (After 10 minutes announce stop and give command unload)

After each series range is declared safe (Chamber flags to be inserted), athletes can change targets. Once they have returned behind the firing point, declare range closed and continue the match.

Continue as above until all series have been fired.

At end of series check for malfunctions and then announce “UNLOAD”. (Chamber flags to be inserted) **Athletes are not allowed to touch their ammunition/pellets until the command load is given.**

Compiled by: Mornay de Beer (Vise-President ISSF)



When placing a pistol down to leave the firing point or when match firing is complete, pistols must be unloaded with actions (slide) open and safety/chamber flags inserted in the chamber and not the muzzle.

Athletes must move away from the firing point without disturbing the other athletes.

Range Officers check pistols for chamber flags before they are removed from line and cased.

**NO PISTOL MAY BE REMOVED FROM THE FIRING POINT DURING THE COURSE OF FIRE WITHOUT THE PERMISSION OF A RANGE OFFICER WHO MUST VERIFY THAT THE MATCH IS CONCLUDED**

## **MALFUNCTIONS**

The athlete may repair the malfunction and continue shooting.

If the malfunction is ALLOWABLE, he may repair it or replace it with another pistol of the same type.

No extra time is allowed to repair or to replace a pistol.

## **GAUGING DOUBTFUL SHOT HOLE DOUBLE SHOT HOLES**

In the case where an athlete is uncertain of the shot value of a hole or double shot hole, the athlete must take the target to the Range Officer. The Range Officer must then circle the doubtful shot hole or double shot holes indicating with a line from the circle to the lighter area on the target. The Range Officer must then “gauge shot value”/”gauge double shot” and sign on the target. The athlete must then take the targets to the stats office where it will be gauged for final scoring. No gauge on the range will be permitted.

## ➤ **25m MILITARY RAPID FIRE PISTOL (.22)**

### **COURSE OF FIRE**

60 competition shots.

### **SIGHTING STAGE**

1 x target for sighting stage

5 shots must be shot in 10 seconds

### **COMPETITION STAGE**

1 x match target per series

4 series of 5 shots each in 10 seconds per series

4 series of 5 shots each in 8 seconds per series

4 series of 5 shots each in 6 seconds per series

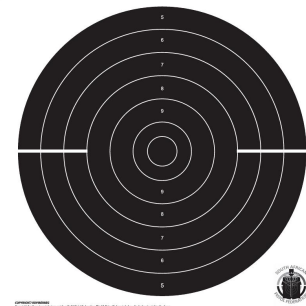
(Only 5 shot fired at one target in each series)

### **RANGE COMMANDS:**

**Declare** range closed “ATHLETES TO THE LINE”.

Announce “**PREPARATION TIME BEGINS NOW**” (Preparation time is 3 minutes).

After 3 minutes announce “**8 SECONDS - SIGHTING STAGE - LOAD**”. (Athletes have 1 minute to load 5 rounds only in one magazine) **Athletes are not allowed to touch their ammunition until the command load is given.**





## QUICK GUIDE FOR SAPF ISSF PISTOL ATHLETES/RANGE OFFICERS/COACHES (ISSF) INTERNATIONAL SHOOTING SPORT FEDERATION OFFICIAL STATUTES, RULES AND REGULATION,



After 1 minute announce "ATTENTION" and activate the targets. Athletes to come to the 45° ready position at attention and pistol must not touch the bench.

At end of stage check for malfunctions and then announce "UNLOAD".

Declare the range safe and allow scoring personnel forward. Once they have returned and signaled they are in a protected area declare range closed and continue the match.

"Announce 8 (or 6 or 4) SECONDS - LOAD"

Wait one minute and announce "ATTENTION" activate the targets. Athletes to come to the 45° ready position at attention and pistol must not touch the bench.

Continue as above until all series have been fired.

At end of series check for malfunctions and then announce "UNLOAD".

When placing a pistol down to leave the firing point or when match firing is complete, pistols must be unloaded with actions (slide) open and safety/chamber flags inserted in the chamber and not the muzzle.

Athletes must move away from the firing point without disturbing the other athletes.

Range Officers check pistols for chamber flags before they are removed from line and cased.

**NO PISTOL MAY BE REMOVED FROM THE FIRING POINT DURING THE COURSE OF FIRE WITHOUT THE PERMISSION OF A RANGE OFFICER WHO MUST VERIFY THAT THE MATCH IS CONCLUDED**

### **MALFUNCTIONS**

One allowed in the 10 seconds series, and one allowed in combined 8 seconds & 6 seconds series.

No malfunction may be claimed or re-shot in a sighting series.

Athlete claims a malfunction, RO decides if ALLOWABLE – repeat the series and 5 lowest value hits on the target.

Athlete must fire all 5 shots in any re-shoot series. Lowest scoring points to count.

NON-ALLOWABLE – no re-shoot is permitted.

### **GAUGING DOUBTFUL SHOT HOLE DOUBLE SHOT HOLES**

The Range Officer will gauge the doubtful shot hole or double shot holes on the range with the prescribed single hole or double hole gauge.



## SAPF - ISSF GRADINGS (MEN & WOMEN/JUNIOR BOYS & GIRLS/SENIORS 60+ & 70+)

DISCIPLINE	BRONZE	SILVER	GOLD	MASTER
50M FREE PISTOL	445 - 469	470 - 499	500 - 529	530 - 600
50 YARDS (45.72M) .22 25YARDS (22.86M) .177	220 - 239	240 - 259	260 - 279	280 - 300
25M MEN'S SPORT PISTOL LADIES 25M, 25M AIR SPORT PISTOL & 25M CENTRE FIRE	485 - 509	510 - 529	530 - 564	565 - 600
25M STANDARD PISTOL	469 - 489	490 - 519	520 - 549	550 - 600
25M RAPID FIRE PISTOL	450 - 479	480 - 509	510 - 539	540 - 600
25M MILITARY RAPID FIRE .22	450 - 479	480 - 509	510 - 539	540 - 600
10M AIR PISTOL	470 - 499	500 - 529	530 - 559	560 - 600

### Take note:

- An Athlete will upgrade to a higher grading at a Provincial Championship, Provincial Postal and National Championship providing he/she shot the required score.
- Shooting of a record during a Postal Provincial Championship will not count.
- Athletes who are in certain gradings will remain in their gradings if he or she is selected to represent South Africa at an International ISSF Pistol Championships/World Cup (Development - Federation/SASSCo), (Junior U21 Protea Colors) and (Senior Protea Colors). "Interantional ISSF Championships/ISSF World Cups has no gradings, only Open division"
- If an athlete shoots a score at an SAPF ISSF Trial/ISSF International Championship/ISSF World Cup he or she will upgrade to the next grading.



SOUTH AFRICAN PISTOL FEDERATION

