

## SUPPORT REST SHOOTING FOR U13/U16/+60 standing and +70 sitting - strong hand only

*(Shooter may be assisted to load the pistol only if it is single stroke pneumatic that is difficult to operate)*

*(The person assisting the shooter must step back immediately after loading and no coaching is allowed)*

### 1. Classification of Competition Categories

The classification of the respective groups is based on the age of the competitor on the 31<sup>st</sup> of December in the year of competition.

#### 1.1 U13/U16 Boys and Girls

Boys and Girls will compete in their gender categories

#### 1.2 +60 and +70 Men/Women Participants

Men and Women will compete against each other in an open category

### 2. EQUIPMENT

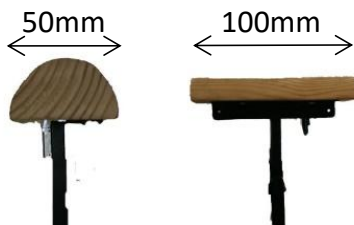
Pistols must comply with the requirements of rule 8.12 with the exception that the support rest will not fit the box (box is 50mm depth, rest is up to 60mm wide).

### 3. THE REST STAND

The shooting stand may be fixed to the table or on a tripod/stand.

### 4. THE SUPPORT REST

The support rest must be made only of round material with a maximum diameter of 50 mm and a length of at least 100 mm.



The support rest must only be clad with smooth material.

Special recesses or grooves on the grip (i.e. for fitting the support rest) are not allowed.



The support rest must be no wider than 60 mm (**this relates to the rest on the base of the grip**). There is no restriction on the material to be used but it must be smooth and flat.

Special recesses or grooves on the grip (i.e. for fitting the support rest) are not allowed.

EXAMPLES of a rest and the support plate – this plate is screwed to the base of the grip.



## ISSF SUPPORTED REST SHOOTING – 10M AIR PISTOL (U13/U16/+60/+70)



### **FIRING POSITION (ISSF Supported Rest Rule 9.4)**

The support rest must not be in contact with any part of the body.

The pistol may only be placed with the lower part of the grip on the rest, and it may not be supported laterally.

The use of other supports and/or leaning the body or any parts of the body against a shooting bench or table is not allowed. There must be a clearly visible distance between the hand and the support rest.

The shooting arm and the wrist must be free of any support. With the pistol resting in the firing position the wrist must be able to move freely.



**International Shooting Sport Federation**

**RULES FOR ISSF SUPPORTED REST SHOOTING**